Grandparents as Parents
(GAP) Program

National Family Caregivers Program

Who We Are:

Grandparents as Parents (GAP) provides supportive services that assist grandparents raising grandchildren in Baltimore City. Among these program offerings are services addressing the complex social, emotional and educational challenges inherent to these family relationships.

Program Services:

❖ **Assistance** in gaining access to supportive services

❖ **Education and training** to become equipped in making decisions, and solving problems related to their roles.

❖ **Respite Care** to enable caregivers to have temporary relief from caregiving duties.

❖ **Supplemental** services to complement the care provided by caregivers.

Other Services Provided

Grandparent Mentors:

Trained volunteer mentors assist grandparents who are new to the role as primary caregiver raising grandchildren. Mentors help grandparents navigate through support systems and provide emotional support to address the challenges of parenting grandchildren.

Support Groups:

Groups are held in various Baltimore City schools and community based settings. These groups provide social/emotional support, skill building parenting tips, and practical information that can help caregivers to become better equipped to meet the challenges of raising children in the 21st century.

Grandparents Recurring Events:

May--Older Americans Month **–**

August-–Grandparents as Parents (GAP)
Back to School Rally.

September--National Grandparents Day
Grand CARE Conference
Bring Your Grandparent to School Day
Grandparents Pamper Me Day

November--National Family Caregiver Month—BCHD Aging & CARE Services recognition of outstanding caregivers and grandparents for their hard work and dedication.

December- -Holiday Celebration

Would you like more information about the Grandparents as Parents (GAP) Program? Contact us at:
(410) 396-1337

Catherine Pugh,
Mayor

Leana Wen, M.D., M.Sc.,
Commissioner of Health